

IGNOU REGIONAL CENTRE DELHI-1								
LSC CODE AND NAME: LSC 0787; INSTITUTE OF HOME ECONOMICS								
Counselling Schedule for Certificate in Food and Nutrition (CFN/CFNOL) – July 2026 Admissions/Session								
Programme Code	Course Code	Credits (12)	No. of sessions	Academic Counsellor _Name	Date	Time	Online meeting Platform	Meet link
CFN	CFN1	CFN 1-5 credits	1	Dr Anku Malik	24.10.2026	9:00am-11:00am	Google Meet	https://meet.google.com/cgz-fktt-mfr
	CFN2		1			11:00am-1:00pm		
	CFN3		1			1:00-2:00pm		
	CFN1	CFN 2-4 credits	1	Dr Harmeet Kaur	25.10.2026	9:00am-11:00am		https://meet.google.com/vaq-muzc-phgc
	CFN2		1			11:00am-1:00pm		
	CFN1	CFN 3-3 credits	1	Dr Harmeet Kaur	31.10.2026	9:00am-11:00am		https://meet.google.com/cgz-fktt-mfr
	CFN2		1			11:00am-1:00pm		
	CFN1		1			9:00am-11:00am		
	CFN2	CFN 3-3 credits	1	Dr Anku Malik	1.11.2026	11:00am-1:00pm		https://meet.google.com/cgz-fktt-mfr
	CFN3		1			1:00-2:00pm		
	CFN1		1	Dr Harmeet Kaur	14.11.2026	9:00am-11:00am		https://meet.google.com/vaq-muzc-phg
	CFN3		1			11:00am-1:00pm		

INSTRUCTIONS TO LEARNERS:

1. The Learners are advised to go through the Self Learning Materials (SLM) and come prepared so that there will be a fruitful discussion during the online counselling sessions.
2. Kindly remember that the counselling sessions are not teaching sessions and meant to facilitate you to understand the material properly and to assist you to learn.
3. You will get a chance to interact with other peer learners and the academic counselor so make it convenient to attend the sessions to help you to learn better.
4. Please bring your relevant course material with you during the online session.
5. Always carry your IGNOU I-Card while attending the online Sessions.

Sd/-
Coordinator
LSC 0787